



ART OF RAISING FREQUENCY™

A Day of Energetic Training and Self Care

APRIL 7, 2018: 10am—5pm

690 Marbrisa River Lane, Vero Beach FL

with Barbara Evans and Dr. Alexis Edwards

Calling all healers...

Discover how an exciting new energy healing modality, "Art of Raising Frequency™", can:

- Promote Inner Peace and Harmony
- Nurture Heart and Soul
- Enhance our self care capabilities

Who Should Attend...

- Anyone with a strong interest in learning and experiencing new energy healing techniques.
- Practitioners interested in learning an innovative approach that supports self-care and vibrant health.

\$185 in advance; \$222 on the day

Cost includes organic lunch, refreshments and all course materials

Register with Barbara: 845 224 9584; Barbara@artofraisingfrequency.com





ART OF RAISING FREQUENCY™



A Day of Energetic Training and Self Care With Barbara Evans and Dr Alexis Edwards



AGENDA

10am: Welcome, Introductions and Course Objectives

10.30am: *Art of Raising Frequency... Vibrational Healing with Art, Crystals and Sound*

11.30: Using *The Empowerment Cards*

12.30: Lunch

1.15: The power of Mandala Coloring

2pm: Synergy of *Chakra Healing Discs* and *Crystal Singing Bowls*

3.15pm: Break

3.45: The Basics of an *Art of Raising Frequency* Treatment Session

4.30: Integrating *Art of Raising Frequency* with other healing modalities

5.15: Wrap Up, Sharing



INTRODUCING THE ART OF RAISING FREQUENCY...

Building on a background in Shiatsu, Reiki and Crystal Resonance Therapy, artist and author, Barbara Evans has developed a new and exciting energy healing modality, *The Art of Raising Frequency*, which creates an energetic synergy of high vibrational art, crystals and sacred sound. This modality has become recognized as a powerful approach to making beneficial attunements in the Human Biofield, vital to achieving and maintaining Inner Peace, Harmony and Vibrant Health.

Barbara has developed a training program aimed to teach those interested in energy healing about this new modality. Now, for the first time, the major elements are being offered as a single day intensive. During the day, you will learn how *The Art of Raising Frequency* can...

- Raise Frequency and Consciousness, taking you to new levels of Awareness and Insight, and offering new layers to the Practitioner's Healing Potential
- Nurture the power of self healing, becoming a key component of our self-care tool box
- Provide fundamental energetic support, complementing any existing healing modality, and be simply and effectively integrated into all current holistic wellness protocols

Barbara is delighted to be joined by co-teacher Dr. Alexis Edwards, a gifted Practitioner and a recent graduate of the *Art of Raising Frequency Certification Training Program*. Alexis is a multi dimensional intuitive healer, and owner of *Wellness From Within*, a Holistic Medicine Center in Vero Beach. Alexis and Barbara's collective gifts will ensure an unforgettable experience of Joy, Awakening, Healing and Transformation.

What this modality has the capacity to do is almost beyond comprehension. In the short time since taking the course, I have implemented it into my practice with stellar results. **Dr. Alexis Edwards, AP, DOM**

The Art of Raising Frequency is rejuvenating and empowering. My professional practice is emboldened and strengthened, as is my own wellbeing. The training will continue to impact me personally and professionally for years to come. **Jen Davis, CEHP, ADS**

"The Art of Raising Frequency program is probably the most influential course I've taken in over 20 years. **Laura Grayson**