

THE ART OF RAISING FREQUENCY

Setting the Vibrations for Healing and Harmony

Training Program for Practitioners

Tuning the Human Biofield, by raising vibrational frequency and consciousness, is vital for achieving and maintaining optimal wellbeing. Shifting our perspective from negative emotions of anxiety, fear and isolation, towards positive feelings of Love, Joy, Harmony and Inner Peace has a major impact on all aspects of our lives, particularly our metabolic and immune systems, which are major cornerstones of vibrant health.



Building on a background in Shiatsu, Crystal Resonance Therapy and Reiki, artist Barbara Evans has developed a new energy healing modality, ***The Art of Raising Frequency***, which creates an energetic synergy of high vibrational art, crystals and sacred sound. This modality has become increasingly recognized as a powerful approach to making beneficial attunements in the biofield. A major advantage of ***The Art of Raising Frequency*** is its simple and highly effective integration into any existing holistic wellness protocol. The following comments about the modality and the training are from actual practitioners.

*The **Art of Raising Frequency** practitioner course was one of the most transformative experiences of my life. I feel like I had 10 years-worth of growth (both as a practitioner and a human) in a weekend. What this modality has the capacity to do is almost beyond comprehension. In the short time since the course, I have implemented it into my practice with stellar results. If you're ready to step into a deeper bigger version of yourself, and the reach of your work, take this course. **Dr. Alexis Edwards, AP, DOM***

*The **Art of Raising Frequency** practitioner course exceeded my expectations. I left rejuvenated and empowered. My professional practice is emboldened and strengthened, as is my own spiritual wellbeing. This training will continue to impact me personally and professionally for years to come. **Jenny Davis, CEHP, ADS***

*Barbara's course in the **Art of Raising Frequency** was both profound and sacred. I have been doing energy work for more than twenty years and raising frequency is a true way of healing. Barbara has a beautiful way of presenting her knowledge and giving you tools to integrate with any other energy healing protocol. **JoAnn Gorka LMT, HTCP***



THE ART OF RAISING FREQUENCY



Setting the Vibrations for Healing and Harmony

Second Practitioner Training Program Vero Beach FL, March 16-18, 2018

COST: \$650

WHAT IS INCLUDED:

- All tuition for the three days of the course
- All course materials, including:-
 - * *Messages of Universal Wisdom* book
 - * *Empowerment Cards* oracle deck
 - * *Shades of Eden* Journal
 - * *Waves of Eden* Meditation DVD
 - * *Coloring For Joy* and *Connecting Through The Heart* Mandala Coloring books
 - * *Art of Raising Frequency* User's Guide
 - * Three mini *Image Key* prints
 - * Hand outs of slides and instructional notes
- Free use of high vibrational artwork, Chakra Healing Discs, Crystal Singing Bowls, Crystals and Massage Tables
- Lunch each day, plus unlimited water, tea, coffee and delicious snacks
- Transport to and from local hotels if needed
- The opportunity to purchase tools that underpin *The Art of Raising Frequency* at **wholesale prices!** These include art prints, healing discs, card decks, crystals etc.
- Certificate of Attendance

ACCOMMODATION OPTIONS:

We are on the barrier island between Vero and Orchid Island. Many hotels are reasonably close, including:
Disney's Vero Beach Resort (1 mile)
Holiday Inn, Oceanside (7 miles)
Kimpton Vero Beach Hotel and Spa (7 miles)
Costa d'Este Beach Resort and Spa (8 miles)
Hampton Inn/Suites, downtown Vero Beach (10 miles)

TRAVEL OPTIONS:

Nearest airport (30 mi) is Melbourne (MLB) served by Delta via Atlanta, and American via Charlotte. Larger airports (Orlando (MCO) and West Palm Beach (WPB)) are each approx. 90 miles away. We can help with ground transport from Melbourne if needed.

The first "*Art of Raising Frequency*" Practitioner Training Program, held in November 2017, was an unforgettable occasion. Many of the very experienced and gifted practitioners who attended, felt it to be the most important energy training they had ever taken, and I know from extensive feedback that most are already integrating their new tools into existing healing protocols with amazing results!

Now, I am pleased to announce the second training course will be held at my home in Vero Beach FL, **March 16 to 18, 2018**. Once again, Dr Gail Van Kanegan will help teach the course, and we will also be able to incorporate the rich and highly positive feedback from the participants at the first training program.

The course outline will include:

- **Friday (March 16) 9am—6pm:** *Introductions, Intentions, how **The Art of Raising Frequency** came into being. The tools of **The Art of Raising Frequency** and how to use them...tuning the biofield with High Vibrational Artwork, Empowerment Cards, Healing Discs, Crystals and Alchemy Crystal Singing Bowls. **Temple of The Heart Meditation***
- **Saturday (March 17): 8.30am—6pm:** ***Children of Light Meditation**, Creating a treatment session—the energy cocoon; demonstration of a treatment session followed by Practice Sessions! Discussion of days experiences plus Q & A.*
- **Sunday (March 18): 8.30am - 5pm:** *Mandala Coloring. More Practice Sessions. Using **The Art of Raising Frequency** in Distance Sessions. Possibilities and Opportunities to integrate this new approach with other energy healing modalities. **Wrap up and Grounding!***

Registration is now open: a deposit of \$100 reserves your spot, and the full fee is due by February 10, 2018. THERE ARE ONLY 12 SPACES AVAILABLE, SO ACT FAST!

*Please contact me if you have further questions.
I hope to see you in sunny Florida this coming March!
With Many Blessings
Barbara (845) 224 9584*



THE ART OF RAISING FREQUENCY

A conversation with Dr Alexis Edwards DOM

Dr Edwards is a graduate of the *Art of Raising Frequency* Practitioner Training Program. Here, she shares her experiences with this exciting new energy healing modality

What benefit are you seeing from using *The Art of Raising Frequency* with Clients and Patients?

It really is adding an extra layer that I did not have previously. It helps move a client's situation forward, where previously there may have been a blockage, and it certainly seems to accelerate desired and beneficial changes for the client

What overall benefit are you seeing from bringing *The Art of Raising Frequency* into Your Practice?

*It "uplevels" my entire Practice... meaning that it just takes everything to another level – it allows for an increasing momentum with patients and clients. The *Art of Raising Frequency* really provides a series of attunements at multiple levels, spiritually, emotionally and physically. Because it has changed my own energy field, it changes the way I practice.*

In what situations are you finding the *Art of Raising Frequency* tools most useful?

*In all situations – I don't think there is a situation that wouldn't call for it being used. There is a lot of power in just using the art in the treatment room – the art sets the energy of the room which in turn shifts the ability for the practitioner to stimulate desired changes. Something occurs that allows for propelling energetic movement forward. After all, it is the job of any practitioner to induce change, and the *Art of Raising Frequency* allows for that to happen.*

Could you give a couple of case studies of how you have used *Art of Raising Frequency*?

*Yes, the first example is using a full *Art of Raising Frequency* session with a 35 year old woman, having infertility issues. Has had acupuncture for a few years plus additional spiritual counselling. During her session, she felt major shifts and an incredible tranquility, calming and peace which provided a sense of inner knowing that everything will be OK. The (Empowerment) cards were powerful for her, because they actually showed her a path forward to achieving her goal. After the session, she felt changes continuing to happen, most notably she stopped feeling cold (a long term problem for her, and one that may be linked to the infertility). I interpreted this warming process as a physical manifestation of the subtle changes that were stimulated by the session. Before treatment her belly and womb were cold, now they are warm. She continues to feel calm and peaceful, and she detects a shift too in her husband who is really on board with their journey. This suggests that the energetic changes in her own field have had a follow-on impact with her husband. They both feel a lot of clarity with where they are headed.*