## THE ART OF RAISING FREQUENCY



## ... Setting the Vibrations for Healing

## THE HUMAN ENERGY FIELD, VIBRATIONAL MEDICINE AND OPTIMAL WELLNESS

Many studies have demonstrated that a "belief they could get well" is a common factor in people who have recovered from chronic illness, including cancer. This strong belief arises from positive emotions, caused by beneficial shifts in the human Bioenergy Field. The human body is an electrical/electromagnetic energy system, and we each have unique BioField Frequency patterns that require careful balancing for us to achieve optimum well-being and vibrant health.

The human energy field is affected by, and interacts

with, everything around it. Energy flow and electromagnetic fields can be measured and detected by many methods such as EEG, EKG, thermal imaging and also by



magnetometers such as SQUID (Superconducting Quantum Interference Devices). We find that, in a state of health, the flow of electrons and energies is well balanced. In a state of disease, the flow of electrons and energies is unbalanced.

Anything that affects these energies, also affects the health of the cells, organs and systems of the body. For example, nutrients, hormones, chemicals, water, air, electromagnetic fields (EMF), magnets, toxins, infections, physical activity, emotions, environmental changes, light, sound and even the people and things around us can affect our energy balance, either towards or away from a state of health. Based on this knowledge, humans have used therapies that alter the energy fields for thousands of years.

More recently, we have noticed a resurgence of active light, sound and human energy therapies (such as Reiki and Healing Touch) by practitioners in major healing institutions. According to Dr. Mitchell Gaynor, former Director of Medical Oncology at the Weill-Cornell Center for Complementary and Integrative Medicine, "Sound can redress imbalances on every level of physiologic functioning and can play a positive role in the treatment of virtually any medical disorder".

At the Sloan-Kettering Memorial Cancer Center, treatment by sound waves is believed to restore that healthy balance to the body. Healing is done by transmitting beneficial sound to the affected area, either by voice or an instrument, such as electronic equipment, tuning forks or singing bowls.

"I came out of my treatment session with Barbara feeling grounded, relaxed, at peace and so alive! A truly wonderful healing experience... Barbara is a very gifted healer, teacher and artist! Donna Adams, Bethesda MD

## SAJUNE INTRODUCES BARBARA EVANS "VIBRATIONAL THERAPIES"...

Vibrational healing is powerful because it is not just experienced with our senses, it touches every cell, and transforms us on emotional, spiritual and physical planes. **Barbara Evans** is a gifted and intuitive healer who has founded a new approach to energy healing, *The Art of Raising Frequency*, based on her own high vibrational art and sound. Her methods and tools are being increasingly used, including by practitioners at *Mayo Clinic*, *Cleveland Clinic* and *Hippocrates Institute*.

Barbara offers therapies that raise the



healing energies and vibrations in the body, using frequencies of light, sound, color and geometry. These can energize, revitalize and repair our natural healing systems.

**During a treatment with Barbara** you can expect to experience:

- The healing properties of her high vibrational art, presented as beautiful prints and energy healing discs
- State-of-the-art sound healing, supplied by the exceptionally pure tones of Crystal Singing Bowls
- Crystal resonance therapy using carefully selected crystals.
- Barbara's intuitive gifts and training in multiple energy healing modalities, which allow her to orchestrate the perfect frequency shift, in direct response to your personal needs and health status.

These therapies are *noticeably* healing to people with active disease such as cancer, fibromyalgia, and other chronic disease.

"Although based on my research and experience, I could make the argument that every person should work actively towards balancing their energy field before disease sets in; most people turn to these treatments when struggling with aggressive diseases such as cancer." Sangeeta Pati MD FACOG.

